

You Could Qualify For Food Stamps If:

- You are disabled.
- You have low or fixed income.
- You have high medical bills, rent, house payments, or utilities.
- You have few assets, not counting your home.
- You have or will get a social security number.

If you can't go to the food stamp office, you may send a friend or a relative to talk to the worker. Or, you may be able to talk with a worker on the phone.

Citizens and many legal immigrants can qualify for food stamps. Getting food stamps won't hurt you if you want to become a citizen.

